

SEVEN GENERATIONS CHARTER SCHOOL

Asthma Assessment Interview

ID# _____ Age _____ Grade _____ DOB _____

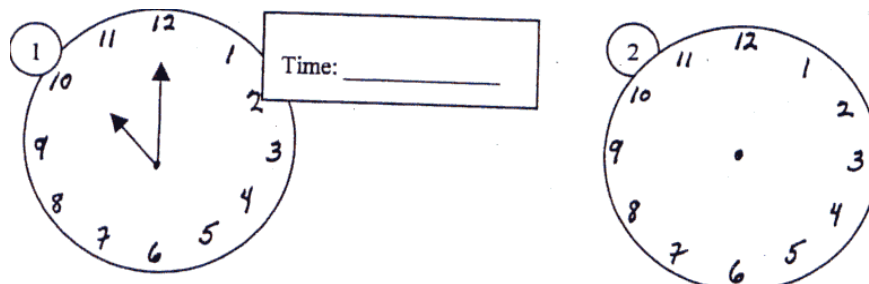
Sex: male/female Ethnicity _____ School _____

Date _____ Time _____ Interviewer _____ LPN/RN/PHN/LSN

Type of asthma diagnosed: [mild intermittent] [mild persistent]
[moderate persistent] [severe persistent] [exercise induced] [unknown]

How long has the child been using an inhaler?
[0-6mos] [7-12mos] [1-2yrs] [2-5yrs] [5-10yrs] [unknown]

1. Your doctor says you have asthma. What is asthma?
2. How is your breathing on a bad breathing day? (What are your asthma symptoms?)
3. When your breathing feels bad, what do you do for it?
4. How do you know you need to take your inhaler? (When do you know it is time to use your inhaler?)
5. Show me how you use your inhaler. (Use demonstrator inhaler, and instruct the student that there is no medication in the inhaler.)
6. Please tell me what time clock 1 says. What is 4 hours from that time? (Please draw the hands for the new time on clock 2).



7. If your inhaler is not helping you breathe better, what would you do?

8. What is the name of the inhaler medication you use at school? _____
(Or how does the child know he or she is using his or her own inhaler and the correct medication?)

9. What causes your breathing to be bad? (What triggers your asthma symptoms?)

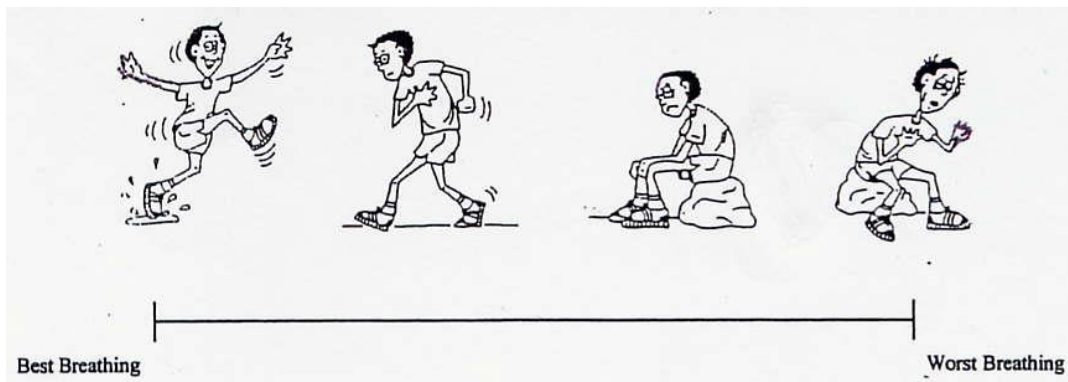
[Smoke] [Animals/pets] [Dust] [Cockroaches] [Grass/Flowers] [Mold]

[Chalk/Chalk dust] [Strong smells/perfume] [Foods] [Stress or emotional upset]

[Having a cold/respiratory illness] [Changes in the weather/very cold or hot air]

[Exercise/Sports/or playing hard] [I do not know] [Other _____]

10. Here are pictures of the same child, but feeling different ways. On this side (left), he is feeling really good and breathing really good. The child does not feel very good as we move this way (to the right). The child on this end (right) feels really bad and is having a really hard time breathing. If you were this person, when would you think about taking your inhaler? Please put a mark on the line under the pictures.



Brown Asthma Visual Analog Scale

Fritz, G., Spirito, A., Yeung, A., Klein, R.I., & Freedman, B.S. (1994). A pictorial visual analog scale for rating severity of childhood asthma episodes, *Journal of Asthma*, 31(6), 473-478.

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